



Grief and Education Center

Dear Parents and Guardians,

To better meet the needs of our students, through collaboration with Unity Grief and Education Center, Westwood Elementary School is pleased to offer our students the opportunity to participate in a School Grief Group.

Westwood School Counselor, Mardi Johnson and a Unity Grief Counselor will be leading a six-week grief support group designed to provide students the opportunity to explore their grief through activities and conversation, while learning about grief and developing coping skills. Through participating in this group, we hope students gain insights into their own grief experience and make connections with peers who have also experienced a loss while in a safe, supportive environment.

This group is open to any student who has experienced a death regardless of when the death occurred. The experience of grief is unique, and a grief support group may not be suited for everyone. Please know that Unity Grief and Education Center is a resource should you wish to learn more about their services.

The group will be held on the dates below from 10:00 AM – 11:00 AM.

- Tuesday, March 4, 2025
- Tuesday, March 11, 2025
- Tuesday, March 18, 2025
- Spring Break
- Tuesday, April 1, 2025
- Tuesday, April 8, 2025
- Tuesday, April 15, 2025

Please discuss this opportunity with your student and return the attached permission slip to Mardi Johnson **by Friday, February 28th** should you wish to participate.

Please feel free to call Mardi Johnson at (920) 337-1087 should you have any questions regarding this group or Unity Grief and Education Center at (920) 339-6700 should you want further information on the grief support services offered to our community.

Caring Together,

Westwood Elementary School and Unity Grief and Education Center

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